



**SPA RESERVATIONS**

To ensure your preferred appointment time, it is recommended you schedule your spa experience with as much advance notice as possible or at the conclusion of your last experience. Our professional staff allocates time especially for each guest; therefore, a credit card is requested to guarantee these reservations. All spa experiences are subject to availability. Menu service and prices are subject to change without notice. We reserve the right to refuse service to anyone.

**SPA CANCELLATIONS OR RESCHEDULING**

Please cancel your scheduled appointment at least 24 hours in advance to avoid a \$25.00 cancellation fee. Any appointment cancelled within 6 hours of your scheduled appointment time will incur a cancellation fee of 50% of the total amount of services scheduled. No shows will be charged for full service(s). It is recommended that you arrive 15 minutes prior to your service(s). An 18% gratuity will be automatically added to your bill for convenience. Services and prices are subject to change.

**THE WOODHOUSE**  
*day spa*<sup>®</sup>

AT HOTEL CONTESSA  
RIVERWALK  
306 W. MARKET STREET  
SAN ANTONIO, TEXAS 78205  
210-298-8038  
GUEST EXTENSION: 5038

RIVERWALK.WOODHOUSESPAS.COM



Watch our video.

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*day spa*<sup>®</sup>



THE SPA AT HOTEL CONTESSA

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## skin care

THE WOODHOUSE FACIALS COMBINE OUR ANTI-OXIDANT RICH AND ORGANIC PRODUCTS WITH THERAPEUTIC TECHNIQUES THAT REFRESH AND REJUVENATE THE SKIN.

### ADVANCED ANTI-AGING FACIAL

This highly regenerating corrective treatment is ideal for dehydrated, aging, and environmentally challenged skin. The plant stem cell serum ingredients stimulate new cell growth and slow cellular aging producing a healthier, firmer appearance to the skin.

(50 Min.) ..... \$150

### BRIGHTENING FACIAL

This clinical treatment is created specifically to reverse the effects of premature aging and sun damage by brightening the complexion and treating the skin with potent antioxidants to revitalize the skin. Because of the nature of the ingredients, this treatment has the ability to minimize the surface lines while smoothing and refining rough skin texture.

(50 Min.) ..... \$150

### CLARIFYING ACNE FACIAL

This corrective treatment is designed to utilize tools and products that correct acne-prone skin while creating an anti-bacterial and anti-inflammatory environment on the face, chest & upper back areas. A triple threat of exfoliating agents to efficiently remove excess residue and surface cells to decongest pores. This facial treatment goes above and beyond the typical purifying facial to fight acne.

(50 Min.) ..... \$135

### NUFACE LIFTING AND TONING FACIAL

Treat your skin right with an advanced treatment that's been dubbed "Pilates for your face!" This "facial work-out" begins with a cleanse and deep exfoliation to remove the remnants of the years past. NuFace microcurrent (a low level, safe, and soothing electrotherapy) is used to rejuvenate, firm, tone, and lift your skin. Finish with a deep hydrating treatment and you'll swear you've just rolled back the hands of time.

(50 Min.) ..... \$135

### SOOTHING FACIAL

A classic facial designed for dry, sensitive skin types. The Soothing Facial minimizes sensitivity and redness as it reinforces the skin and protects it against free radical and elemental damage.

(50 Min.) ..... \$115

### GENTLEMAN'S HOT TOWEL FACIAL

The traditional barber hot towel technique is enhanced with nutrient-rich products for a truly restorative experience.

(50 Min.) ..... \$110

### SPECIALTY TREATMENTS

Eye Contour Treatment.....	\$25
Purifying Acne Treatment.....(25 Min.)	\$55
Purifying Back Treatment.....(25 Min.)	\$60
Rosacea Treatment.....(25 Min.)	\$55
Deep Moisture Treatment.....	\$25

### WAXING SERVICES

An effective choice for removing unwanted hair. Please be advised that you should avoid sun exposure and any heat treatments for at least two hours before waxing and twelve hours afterwards. *We regret that we cannot wax if you use Retin-A or Accutane.*

Lip.....	\$20	Half Legs.....	\$65
Eyebrow.....	\$25	Full Legs.....	\$95
Chin.....	\$20	Back.....	\$95
Face.....	\$60	Hands.....	\$15
Arms.....	\$65	Feet.....	\$15
Underarm.....	\$30	Bikini.....	\$45
Chest.....	\$75	Brazilian.....	\$95

### TINTING SERVICES

Give your eyelashes and eyebrows color, control and shape with our tinting services.

Eyebrow & Lash Tint.....	\$65
Eyebrow Tint.....	\$30
Eyelash Tint.....	\$40

## the woodhouse signature services

### THE WOODHOUSE ESCAPE

Experience peace and harmony of the body, mind and spirit with seven specialized treatments. This blissful, head-to-toe ritual begins with a gentle organic sea salt body polish, followed by a soothing hot towel massage. Next, a therapeutic neck and shoulder treatment releases upper body tension, while the warming, volcanic stone massage deeply relaxes the muscles. Then, the restorative ancient art of reflexology is performed on the hands and feet. The Escape culminates with a relaxing head and scalp massage and facial acupressure. A peaceful Woodhouse journey.

(110 Min.).....\$245

### MINKYTI FACIAL

This highly effective facial therapy will regenerate, oxygenate, clarify, balance and deeply stimulate your skin. A combination of acupressure points and connective tissue massage techniques lift and tone the skin. A custom-blended mask infuses oxygen, trace elements and minerals into the skin leaving it brighter, firmer, smoother, and radiantly more youthful looking.

(80 Min.) .....\$175

### THE WOODHOUSE FOUR-HANDED MESSAGE

Our Signature Massage integrates rhythmic, relaxing massage techniques with reflexology and scalp therapy. A therapeutic, duet massage is performed by two therapists whose coordinated movements induce relaxation and ease tension.

(80 Min.) .....\$310



## massage

THE WOODHOUSE MESSAGES INCORPORATE A FOOT CLEANSING RITUAL AND ESSENTIAL OIL TREATMENT TO INDUCE DEEP RELAXATION. EACH MESSAGE INCLUDES A TECHNIQUE WE CALL TOUCH WITH INTENT. TOUCH IS THE CORE INGREDIENT OF MASSAGE THERAPY AND COMBINES SCIENCE AND ART. TOUCH ALSO CONVEYS A SENSE OF CARING, AN IMPORTANT COMPONENT IN THE HEALING RELATIONSHIP. EACH STYLE OF MESSAGE ASSURES TENSION RELEASE, CIRCULATION ENHANCEMENT, AND OVERALL WELLNESS. YOUR COMFORT LEVEL IS OF UTMOST IMPORTANCE; THEREFORE, DRAPING IS MAINTAINED AT ALL TIMES.

### BACK, NECK & SHOULDER MESSAGE

Focused relief for upper body tension. Ease emotional and physical stress with this deep tissue, tension-releasing massage.

(25 Min.).....\$65, (50 Min.) .....\$110

### SWEDISH MESSAGE

This classic, full-body massage utilizing long, flowing strokes will help reduce tension, increase circulation and induce relaxation.

(50 Min.).....\$110, (80 Min.) .....\$155

### DEEP TISSUE MESSAGE

This therapeutic massage technique uses strategic strokes to increase circulation and release muscle tension. Your therapist will address areas of concern using a combination of trigger point therapy, stretching, myofascial release, sports massage or a variety of other modalities.

(50 Min.).....\$120, (80 Min.) .....\$165

### VOLCANIC STONE MESSAGE

Experience deep, restorative relaxation through the precise placement of volcanic stones. Your therapist uses traditional techniques to gently glide the stones over the body, delivering a penetrating warmth that soothes stresses and eases muscle tension.

(50 Min.).....\$125, (80 Min.) .....\$165

### PRENATAL RELIEF MESSAGE

This nurturing massage for expectant mothers alleviates many of the physical and emotional pregnancy-induced challenges.

(50 Min.) .....\$115

### DUET MESSAGE

Performed in a serene setting, the duet massage encourages unity, connection and collective calm. Ease stress and unwind as two therapists perform side-by-side Swedish Messages that help the two of you relax.

(50 Min.).....\$220, (80 Min.) .....\$310

## east meets west

### THE SOMA

In Sanskrit, the Soma literally means Bliss. This profoundly relaxing treatment combines the ancient arts of Reflexology and Shirodhara to calm the central nervous system.

(80 Min.) .....\$110

### REFLEXOLOGY

This celebrated, ancient technique manipulates the reflex zones of the feet to help restore balance to the entire body by releasing the flow of energy.

(25 Min.).....\$65, (50 Min.) .....\$110

### SHIRODHARA SCALP MESSAGE

This therapeutic Ayurvedic healing technique begins with your therapist pouring a special blend of warm, nutritive oils on the center of the forehead, releasing all mental tension and restoring balance. A relaxing head and scalp massage follows.

(25 Min.).....\$65, (50 Min.) .....\$110

## foot treatments\*

EACH WOODHOUSE PEDICURE OR MANICURE BEGINS WITH A CALMING RITUAL INCORPORATING OUR SIGNATURE ESSENTIAL OIL BLEND TO INDUCE DEEP RELAXATION. YOUR EXPERIENCE IS COMPLETE WITH THE PERFECT POLISH.

### ORGANIC SUGAR SCRUB PEDICURE

An exfoliating massage is performed with a sugar-crystal blend to stimulate circulation, while eliminating calluses and rough skin. A warm volcanic stone massage eases foot tension and immediately calms the mind.

(50 Min.)..... \$75

### HYDRATING GINGER PEDICURE

The pedicure begins with a softening organic foot bath, followed by a soothing massage. An organic essential oil blend enriched with ginger balances the root chakra to energize the mind and body.

(45 Min.)..... \$65

## hand treatments\*

### HYDRATING JASMINE MANICURE

A deeply hydrating custom blend of essential oils relieves dry skin, helps prevent the signs of aging and protects skin against harsh environmental conditions. The vitamin-rich Jasmine cream penetrates deeply into the skin for lasting moisture and nutritive benefits.

(50 Min.)..... \$50

### SPRITZER MANICURE

This classic soothing manicure includes a Hydrating Jasmine hand cream massage and Paraffin Infusion treatment. Natural botanicals and essential oils soften, revitalize, and condition nails and cuticles.

(45 Min.)..... \$45

### GENTLEMAN'S MANICURE

Cleanse and brighten the natural nail and relieve dry, cracked hands with this hydrating manicure. An ultra rich, deep treatment moisturizes hands and relieves stress as natural elements and refined oils soften, restore, and condition hands, nails and cuticles

(25 Min.)..... \$35

### SPECIALTY TREATMENTS

Deep Moisture Booster.....	\$10
Refreshing Polish Change.....	\$15
French Polish.....	\$10

\*Nail Services will be provided next door at the Westin Riverwalk location.



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